

EXT. FIELD. DAY.

DANIEL is sitting on a bench alone. From a distance he appears calm, just catching his breath and relaxing. However, under the surface, he is the furthest from being calm. We see the world from his perspective and it's jittery and jumping from one object or person to the next quickly. DANIEL sits with his eyes open not blinking, his eyes darting around and his hands clenched together. The pace of his darting eyes increases until he can't take anymore. He closes his eyes tightly and then gets up from the bench and leaves quickly.

EXT. STREETS/ALLEYWAYS. DAY.

DANIEL is walking down an alleyway, he is visibly tense. He walks slowly, taking his time trying to compose himself, he takes deep breaths as he moves.

INT. HOUSE/KITCHEN. DAY.

DANIEL enters his house. The door closes and DANIEL lets out a huge sigh of relief. He takes off his shoes and goes into the kitchen to get something to eat and drink. He goes straight for a drink gulping it down. At this point his mood changes and he is less tense glad to be back home. DANIEL puts down his plate with an air of irritation, shoving it onto the table, he sits down and eats it.

CUT TO:

INT. LIVING ROOM. LATE AFTERNOON

DANIEL is on a sofa watching TV, low violence, normal film when he has an explosive reaction to something, someone on the TV is yelling and is angry. He sits up leaning forward almost standing and arm gesturing all of which is gone in the space of 5 seconds and he is visually more relaxed and the tension is gone he sits down and sinks back into the sofa.

INT. BEDROOM. EVENING.

DANIEL brushes his teeth, gargles mouthwash, spits it out and turns off the light, DANIEL is released, unclenched, his eyes still and blinking. His tension mostly gone.

CUT TO:

EXT. FIELD. DAY

DANIEL is sitting on a bench alone, adding to his antisocial behaviour. Much like before, there is a building tension within him that has built again, Shown in his darting eyes, his clenched jittering hands, the world distorted from his view. However to less of an effect, having just released the tension. DANIELS body language is stiff but not as much as before, his eyes are darting but he is blinking and able to somewhat relax. However he is still uncomfortable and soon gets up from the bench and leaves quickly.

EXT. STREETS/ALLEYWAYS. DAY.

DANIEL is walking down a street, he is visibly tense, but in control. He walks slowly, taking his time trying to compose himself, he takes deep breaths as he moves. However this tension within him is building.

INT. HOUSE/KITCHEN. DAY.

DANIEL enters his house. The door closes and DANIEL lets out a huge sigh of relief. He takes off his shoes and goes into the kitchen to get something to eat and drink. He goes straight for a drink gulping it down. At this point his mood changes and he is less tense glad to be back home. DANIEL puts down his plate with an air of irritation, shoving it onto the table, he sits down and eats it.

INT. LIVING ROOM. LATE AFTERNOON

DANIEL is on a sofa typing up a journal to help with his disorders and try and express building anger through words, with the tv on in the background. Whilst on his laptop He strays from this and searches for a video on YouTube, he is scrolling through YouTube watching recommend videos, when he is recommended a video of a graphic depiction of violence a beheading, he clicks on it, his expression immediately changes from irritated to disgusted, his brow furrowed, his eyes wide, feeling a need to avert from the violence, he turns away, having a visceral reaction to it turning it immediately off and putting the computer down, whilst at the same time he still watches it in the corner of his eye, his expression still disgusted whilst at the same time somewhat curious.

CUT TO:

INT. BEDROOM. EVENING.

DANIEL brushes his teeth, gargles mouthwash, spits it out and turns off the light, in a more tense and forceful way than before, his body language more stiff, his eyes still. DANIEL takes pauses in his regular routine looking up and to the right, thinking about the scene depicting graphic violence he watched, going through cycles of reliving it in his head.

DANEIL gets into bed, he rolls over, constantly readjusting the cover, having trouble sleeping, he breathes other forcefully irritated. After failing to get to sleep, DANIEL gets his phone out and is looking something up (will be revealed later.) After focuisng his mind on something else on his phone, DANIEL becomes more relaxed, his eyes dropping, his breathing calm and slow. He puts his phone down and manages to get to sleep.

CUT TO:

EXT. FIELD. DAY.

DANIEL is sitting on a bench alone. From a distance he appears calm, just catching his breath and relaxing. However, under the surface, he is the furthest from being calm. We see the world from his perspective and it's jittery and but focused, he is deep in thought, DANIEL sits with his eyes open not blinking, his eyes darting and his hands clenched together.

DANIEL is a little more calm, his perspective is more controlled and smooth, his expression more blank than uncomfortable when he is deep in thought. He is thinking about the depiction of violence he watched, he's starting to feel a longing, a curiosity to watch more of it. The pace of DANIELS darting eyes increases until he can't take anymore. He closes his eyes tightly and then gets up from the bench and leaves quickly.

EXT. STREETS/ALLEYWAYS. DAY.

DANIEL is walking down an alleyway, he is visibly tense. He walks fast, with an urgency, he takes deep breaths as he moves, like he is being drawn to something.

INT. HOUSE/KITCHEN. DAY.

DANIEL enters his house, going about his regular routine, however this time he gets a drink and then turns on his laptop and sits down at the kitchen table, and searches for the video he had previously watched.

DANIEL clicks on the video, and watches it, his reaction visceral like before but he can't stop watching it.

DANIEL watches the video again this time he has less of a visceral reaction to it, slight change in hair, passage of time, .

DANIEL watches the video again. He almost has no reaction to it almost numb to it, more messy hair, difference in clothing maybe he's taken off a jacket, passage of time.

CUT TO:

INT. LIVING ROOM. LATE AFTERNOON

DANIEL is on a sofa watching TV, low violence, normal film when he has an explosive reaction to something, someone on the TV is yelling and is angry. He sits up leaning forward almost standing and arm gesturing(to a more intense level) all of which is gone in the space of 5 seconds and he is visually more relaxed and the tension is gone he sits down and sinks back into the sofa.

CUT TO:

INT. BEDROOM. EVENING.

DANIEL brushes his teeth, gargles mouthwash, spits it out and turns off the light, DANIEL is released, unclenched, his eyes still and blinking. DANIEL's , his eyes tired and drooping, his breathing slow and deep showing his almost composite body language after his intense outburst completely relaxed, his tension completely gone.

BEGIN MONTAGE

MONTAGE OF DANIEL BECOMING AFFECTED BY THE VIOLENCE

EXT. STREETS/ALLEYWAYS. DAY.

DANIEL is walking down a street, he is visibly tense, but in control. He walks slowly, taking deep breaths as he moves. However this tension within him is building.

CUT TO:

INT. HOUSE/KITCHEN. DAY.

DANIEL is watching scenes of violence, his reaction visceral like before but he can't stop watching it.

EXT. STREETS/ALLEYWAYS. DAY.

DANIEL is walking down a street, visibly tense. He walks with an urgency, he takes deep breaths as he moves. This tension within him is building, as well as the need to get home and watch the graphic depictions of violence.

INT. HOUSE/KITCHEN. AFTERNOON/EVENING.

DANIEL watches the video again this time he has less of a visceral reaction to it, slight change in hair, passage of time. **DANIEL's costume changes, lighting changes.**

EXT. STREETS/ALLEYWAYS. DAY.

DANIEL is walking down a street, visibly tense. He walks with an urgency, he takes deep breaths as he moves. This tension within him is building, as well as the need to get home and watch the graphic depictions of violence.

INT. KITCHEN AFTERNOON/EVENING

DANIEL watches the video again. He almost has no reaction to it almost numb to it, more messy hair, difference in clothing maybe he's taken off a jacket, passage of time. **DANIEL's costume changes, his hair messy, less in control than before. More red highlighting in lighting.**

Cut to:

DANIEL sees a spider, he tries to pick it up and put it outside.

EXT. STREETS/ALLEYWAYS. DAY.

DANIEL is walking down a street, visibly tense. He walks with an urgency, he takes deep breaths as he moves. This tension within him is building, as well as the need to get home and watch the graphic depictions of violence.

INT. KITCHEN AFTERNOON/EVENING

DANIEL watches the video again. He almost has no reaction to it almost numb to it, more messy hair, difference in clothing maybe he's taken off a jacket, passage of time.

DANIEL's costume changes, his hair out of control, unkept, chaotic. More red highlitings in lighting. - maybe light the background with colours ranging, to show passage of time, ending with red tones.

Cut to:

DANIEL sees a spider, this time he grabs some kitchen roll and kills it.

INT. KITCHEN AFTERNOON/EVENING

DANIEL watches the video again. He almost has no reaction to it almost numb to it, more messy hair, difference in clothing maybe he's taken off a jacket, passage of time.

DANIEL's costume changes, his hair out of control, unkept, chaotic. More red highlitings in lighting. - maybe light the background with colours ranging, to show passage of time, ending with red tones.

Cut to:

DANIEL sees a spider, he grabs a knife and plays with it, making it uncomfortable, he cuts off its legs.

EXT. STREETS/ALLEYWAYS. DAY.

DANIEL is walking down a street, visibly tense. He walks with an urgency, he takes deep breaths as he moves. DANIEL goes down a dark underground following someone.

END MONTAGE

Cut to:

INT. BEDROOM. EVENING.

DANIEL splashes water in his face, as a coping mechanism, trying to relax, he turns off the water and dries his face with a towel. DANIEL picks up his toothbrush and brushes his teeth, he spits it out and turns off the light, in a more tense and forceful way than before, his body language more stiff, his eyes still. DANIEL takes pauses in his regular routine looking up and to the righting, thinking about the scene depicting graphic violence he watched, going through cycles of reliving it in his head.

DANEIL gets into bed, he rolls over, constantly readjusting the cover, having trouble sleeping, he breathes other forcefully irritated. After failing to get to sleep, DANIEL gets his phone out and is looking up some techniques/advice on how to overcome his antisocial disorder a little. DANIEL seems more relaxed after doing this, his breathing deep and slow, his eyes drooping. DANIEL He puts his phone down and manages to get to sleep.

EXT. STREETS/ALLEYWAYS. DAY.

DANIEL exits his house, with a heavy duffel bag, leaning to one side. DANIEL is walking down a street, he is visibly tense, but in control. He walks slowly, taking his time trying to compose himself, he takes deep breaths as he moves. However this tension within him is building.

DANIEL goes sharply around a corner... he pulls something out, it is revealed to be leaflets and pushes them in a letter box, with an aggressive tone, forcing them through the letter box, revealing him to be a postal worker. He then does this a few more times. Sweating and out of breath DANIEL walks to a bench and sits down.

EXT. FIELD. DAY.

DANIEL is sitting on a bench alone. From a distance he appears calm, just catching his breath and relaxing. However, under the surface, he is the furthest from being calm. We see the world from his perspective and it's jittery and jumping from one object or person to the next quickly. DANIEL opens his back and pulls out a sandwich and starts eating it, breathing deeply trying to relax. DANIEL sits with his eyes open not blinking, his eyes darting around and his hands clenched together. DANIEL sees the other character, from his view, rather than averting his gaze he gets up and walks in the same direction with an urgency.

EXT. STREETS/ALLEYWAYS. DAY.

DANIEL walks quickly, he seems to be following a character down an alleyway, dark. He approaches the character.

.....

tells the character something..

DANIEL

'Dialogue??'

Other Character

The other character leaves.

End with the DANIEL's still, relaxed eyes.

END

- What if the begging shot was of his jumpy eyes, and then the last shot is of him being more calm like not resisting to talk to people because of his antisocial disorder actually has helped him, his eyes more relaxed, and calm. - talk about the article you read, that suggested this and as to why you will be doing it..

<https://www.nhs.uk/conditions/antisocial-personality-disorder/>

<https://www.mind.org.uk/information-support/your-stories/life-with-antisocial-personality-disorder-aspd/>

antisocial personality disorder trying to talk to people - get something to back this up.

https://www.reddit.com/r/socialskills/comments/fcv912/as_someone_with_aspd_antisocial_personality/

<https://www.valleybehavioral.com/disorders/ied/signs-symptoms-causes/>